



Week 16
Learning Project - FOOD

Age Range: Year 3 & 4

Weekly Reading Tasks	Weekly Spelling Tasks
<p>Monday- Read for enjoyment- can you locate a book about food e.g. Charlie and the Chocolate Factory?</p>	<p>Monday- Can you list an adjective and food/drink item for every letter of the alphabet? E.g. crunchy carrot, creamy coffee.</p>
<p>Tuesday- Look at recipe books. Can you identify the features of a recipe? E.g. Subheadings, adverbs (slowly, carefully) and imperative verbs (slice).</p>	<p>Tuesday- Write an ideal shopping list that ensures your family will eat a balanced diet. List the items into alphabetical order using the first 2 or 3 letters of each word.</p>
<p>Wednesday- Watch this BBC Bitesize clip on 'A Healthy Diet'. Summarise what you've learned by writing a small paragraph.</p>	<p>Wednesday- Choose 5 Common Exception words and practise spelling them using bubble letters.</p>
<p>Thursday- You could call or Facetime a relative (with supervision). You could then interview them about their favourite book or author.</p>	<p>Thursday- Practise your spellings from yesterday by cutting letters out of a magazine or newspaper to make each word.</p>
<p>Friday- Read this extract from 100 Adventures to have Before you Grow Up. Talk to a grown up about adventures you'd like to have too.</p>	<p>Friday- Find out the meanings of these words: poultry, aroma, appetizer, cuisine & tasteless. Use the words in a sentence.</p>

Weekly Writing Tasks	Weekly Maths Tasks- Place Value
<p>Monday- Visit the Literacy Shed for this wonderful resource on A Cloudy Lesson.</p>	<p>Monday- Give you a three or four digit number and then to draw a poster showing all the ways that the given number could be represented.</p>
<p>Tuesday- Write a review about a meal you've eaten. You can describe what you had to eat, what you enjoyed most about the meal and why? Are there any improvements that should be made to improve it?</p>	<p>Tuesday- Write the digits 0 - 9 on separate pieces of paper and place them spread out on the ground. Get 3 or 4 bean bags or teddies (or something soft) and throw each one on the digits on the floor. With these digits, how many different numbers can you make? Can you find them all?</p>
<p>Wednesday- Choose a particular food and write an acrostic poem using the food name as a guide for the poem (an acrostic poem is a poem where certain letters in each line spell out a word or phrase). Think about where it comes from? What does it look like? What does it taste like? What is it eaten with? etc.</p>	<p>Wednesday- Write a selection of 3 or 4 digit numbers and split them into pile A & pile B. Select a number from each pile and compare them using the symbols < (less than), > (greater than) and = (equal to) and justify how you know. E.g. 3421 < 3451 because the hundreds and thousands are the same but 4 tens is smaller than 5 tens.</p>
<p>Thursday- A new restaurant is opening in Marple. Create an advert for the restaurant. Consider what food the restaurant specialises in, opening times, prices and location. Are there any chef specials? What makes this restaurant better than other restaurants?</p>	<p>Thursday- Play 'Place Value War' using a pack of cards (you can make digit cards on paper if you do not have real cards). Deal the cards into 2 (for playing with tens), 3 (for playing with hundreds) or 4 (for playing with thousands) piles per player. Each player turns the top card on each pile and makes a number. The player with the highest number wins the cards from everyone and puts them in a separate pile. Repeat.</p>
<p>Friday- Can you design packaging for a new, healthy cereal? Ask them to look at cereal boxes in the cupboard and create a criteria first. What do companies include e.g. a catchy slogan 'You're greeeaattt!', a cartoon mascot, etc.</p>	<p>Friday- Collect a range of food/drink items in your home. Read how many grams or millilitres there are by looking at the packages and write them down. Order the numbers you have recorded from smallest to largest.</p>

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for you to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

- **Finding Facts about Food-** What is a balanced diet? Find out about the different food groups. Make a poster or a PowerPoint/Google Slides presentation about the groups and what a healthy diet is. Here are some videos to support the learning: [carbohydrates](#), [protein](#), [dairy and alternatives](#), [fruits and vegetables](#) and [fats](#). As a challenge, you could investigate where their food comes from. Which foods come from the UK? What would we eat if we could only source food from the UK?
- **The Great Giuseppe Arcimboldo-** Look at the artwork of [Giuseppe Arcimboldo](#). Maybe recreate some of his paintings with real fruit and vegetables. If not, recreate one of his pieces using pencils, crayons or another material of choice. Alternatively, use fruit and vegetables to create some decorative prints e.g. potatoes, cauliflower or carrots. These could be repeated pattern prints.
- **Energy and Exercise-** Food provides us with energy and we need energy to exercise; exercise keeps us fit. Choose a dance from [Supermoves](#). Following this, you can choreograph your own dance. You may want to plan the dance first by sketching ideas for their new routine. Perform it to your family.
- **Planning and Preparation-** As a family, design a healthy meal plan for the week. Discuss favourite foods and why you enjoy them? Talk about healthy and unhealthy foods and explain the importance of eating a balanced diet. Why not write the weekly shopping list together and categorise each food item? Perhaps you could prepare some meals together? Make sure you measure and weigh the ingredients.
- **Lunch Around the World-** Look at [lunch around the world](#) and investigate how people eat in other parts of the world. Can you locate the countries mentioned on a world map? Create a fact file or mini book about their findings. Which country is most similar to the UK? Which is most different? Why? Why not find out about people who choose alternative diets such a vegetarian, vegan or somebody who eats Kosher food?

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