



Week 9: Learning Project – Sport
W/c 15/6/20

Year 1

Additional activities will be set by teachers on: spag.com & [Purple Mash](https://purplemash.com). Also look on the class blog/s on Purple Mash
Please also see the [School Website](#) for a whole host of other ideas.

Weekly Reading Tasks	Weekly Phonics Tasks
<p>Monday- Look through a recipe book and choose a healthy recipe. If you have the ingredients, why not follow the recipe with an adult?</p>	<p>Monday- The word 'sport' contains the sound 'or'. List as many words as they can containing the 'or' sound. Challenge: Can you identify words that contain an alternative spelling for 'or' such as oor/ore/aw/au?</p>
<p>Tuesday- Listen carefully to 'The Frog Olympics'. Can you recreate the story with some of your toys?</p>	<p>Tuesday- Write a list of all of the verbs you can think of. Remember a verb is a doing word e.g. skip, jump, run. Can you think of more than 10? Can you think of more than 15?</p>
<p>Wednesday- Listen to the Cbeebies story 'Martin the Mouse'. Create a front cover for this story. Think carefully about what a front cover needs. Take a picture once you have finished and post it on our class blog page.</p>	<p>Wednesday- Use your list of verbs from yesterday and add the suffix 'ing'. Choose 5 of your favourite verbs with the suffix 'ing' added and put each one into a sentence. Can you also draw a picture to go with your sentences once you have finished?</p>
<p>Thursday- Listen to the story of 'Maisy's Sports Day'. What was your favourite part of the story? Why is this your favourite part? Which race do you think you would be best at?</p>	<p>Thursday- Chop up 5 squares of paper and write a different sport on each one. Once you have done this play charades with an adult. Can they guess which sport you are acting out? Remember you cannot speak, you must only use body movements to help them guess. Once your adult has guessed the sport correctly swap over.</p>
<p>Friday- Watch and listen to 'The Little Princess: I Want to Win' based on the Tony Ross book. Talk to your adult after this about how the Little Princess felt each time she won a game. Can you think of a time you felt like the Little Princess?</p>	<p>Friday- Play Buried Treasure on Phonics play. Choose Phase 3, sound 'or'.</p>

Weekly Writing Tasks	Weekly Maths Tasks- Position and Direction Look at White Rose Maths Summer Term - Week 7 (w/c 8th June) for a daily video and task. You can get the activity sheets here .
Monday- What is your favourite sport? Draw and label a person who is ready to play this sport. Make sure they have all their equipment with them.	Monday- Play a board game with another family member. Practise your counting skills and position and direction language (up, down, left, right, forwards, backwards). Maybe Snakes and Ladders ?
Tuesday- Think of questions you would love to ask your favourite athlete/sport star. Write a list of questions using a range of questions words such as 'when' , 'why' , 'who' , 'what' , 'where' and 'how' . Then answer your own questions in the role as your hero.	Tuesday- Imagine you are a BeeBot and place a teddy on the ground in the room you are in. Get an adult to blindfold you or you could close your eyes tight, be extra carefully! Ask them to use positional language such as forward, backwards, up, down, left and right to direct you to the object. You could switch roles after you have finished. Remember to tell your adult how many steps they should do each time or how far round they should turn. 
Wednesday- Design a poster all about staying fit and healthy. Think about how we can look after our bodies to stay healthy. What things should we eat/ drink? How much exercise should we do?	Wednesday- Play 'Catch' using a ball or anything else that can be thrown safely. Instead of counting in 1s each time the ball is caught, count in 10's. Can you get to 100 without dropping the ball? Challenge: Try different ways of counting, can you get to 24 by counting in 2's without dropping the ball? Or to 60 counting in 5's? If you drop the ball start the counting again.
Thursday- After listening to 'Maisy's Sports Day' create your own sports day comic strip story. Make sure you have at least 3 sports day races in your story.	Thursday- Play the BeeBot game here . Can you get the BeeBot to spell your name? Have a go at some of the different maps on the dropdown menu.
Friday- Create a workout routine for you and your family. Write down the sequence, practise it and then perform it to your family. Afterwards you could be the sports instructor and complete it as a family. An example could be 10 star jumps, 5 hops on each foot, skip on the spot for 10 seconds etc.	Friday- Login to Purple Mash and play the Bond Bubbles game. Choose A as your game mode. This focuses on addition to 20.

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.

- **Obstacle Course Fun-** Designing and make your very own obstacle course in the garden. Draw and label your design first and include all of the equipment you will need. Then use your design to create the obstacle course in your garden. Ask your family to complete the obstacle course whilst you time each person. Create some medals from tin-foil or any other suitable material and make some certificates to present at the winner's ceremony.
- **Make a Family Mascot-** Create your own family mascot using materials from around the house. First of all, visit the Olympic Mascot Official list [here](#) and look at past mascots. What makes a good mascot? What qualities does the mascot represent?
- **Super Healthy Smoothies –** Design and make a super healthy smoothie. You can find some inspiration [here](#). Write a list of all the ingredients you will need to make your super healthy smoothie. After completing your list help your adult at the shop to find and pay for the ingredients. Once you have made your smoothie think about the following questions: Is it healthy? What makes it healthy? Did you like it? Would you change anything next time? Why would you change this? What did it taste like?
- **Find out!** – Look at these websites with an adult. Talk to them about all you know about keeping fit and healthy. You could even play some of the games on them. [Health For Kids](#) [Change For Life](#)
- **Blow Football –** Watch this [video](#) on how to make your very own blow football pitch. Once complete you could hold your own football matches and tournaments. Don't forget to keep a tally of how many goals are scored by each member of your household. Who will be the winner?



STEM Learning Opportunities

Brilliant Bodies

- What can your body do? Balance on one leg? Touch your nose with your tongue? Look at the [body challenge cards](#) and see how many you can do. Ask your family to join in and make your own body challenge cards.
- The complete resource can be downloaded [here](#).

Coronavirus and Wellbeing- Returning to/Being at School

The change that Covid-19 has caused to our lives has been difficult and has provided countless challenges. For many children, the uncertainty and disruption to everyday life has caused worry and anxiety. These tasks are designed to help children process the current situation, begin to make sense of it and plan for returning to a different normal.

Think

- Ask your child to think about how they are feeling about returning to being at school. Can they list two or three feelings? Explain to your child that it is okay to feel like this and many children across the world are most likely feeling the same. Your child could draw a heart or a rainbow for other children and list kind words for them.

Talk

- Does your child have any questions about what school will be like when they return? Discuss the changes that will be in place when they return e.g. more handwashing, how to social distance, etc. Then talk about all of the things that will remain the same.

Do

- The thought of returning to school will fill many children with a mixture of excitement and apprehension. Why not make a positivity box? Your child could add items to this box that make them feel safe and provide comfort e.g. a smooth stone to hold. When they are feeling apprehensive, they could choose an item from the box to hold and think about a time when they felt calm.

Visit

Use this [Balloon](#) or [Aeroplane](#) game to encourage your child to record their worries about returning to school.

Additional learning resources parents may wish to engage with

- The NHS Change 4 Life website has some great games and activities, specifically ones for staying indoors. Have a look [here](#).
- For lots more clips, activities and ideas to get active visit the sport's section on the [Cbeebies website](#).
- [Numbots](#). Your child can access this programme with their school login for Times Table Rockstar.
- Visit [Letters and Sounds](#) for Home and School
- Go on [Teach Your Monster to read](#).

If you want to access teaching material daily, we suggest the following resources:

[White Rose Maths](#) This is the Maths Scheme of work we follow in school so is the perfect choice. There is a daily lesson from Early Years to Year 6 with a short video showing you clearly and simply how to help your child to complete the activity successfully. The Activity Sheets are available [here](#).

[The Oak Academy](#) is a virtual school providing 180 free lessons a week for children from Reception to Year 6. It is supported by various education organisations including the Sutton Trust, the Teaching Schools Council and is being backed by the DfE.

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