



30th January 2020

Dear Parents/Carers,

BikeRight! will soon be coming to your child's school to run a Bikeability course which your child has the opportunity to take part in.

Listed below are details of the course and what your child will need to be able to take part.

Dates of the course: Monday 2nd - Thursday 5th March 2020

Consent form (attached) must be returned to the school by: Thursday 13th February

What is Bikeability?

Bikeability is the new Cycling Proficiency for the 21st century. It's designed to give the next generation the skills and confidence to ride their bikes on today's roads. We will teach children to ride a bike to National Standards and introduce them to cycling as an everyday, fun, healthy activity and an alternative mode of transport.

How much will it cost?

Nothing! The course is funded by your Local Authority and Department for Transport grants.

What will my child need?

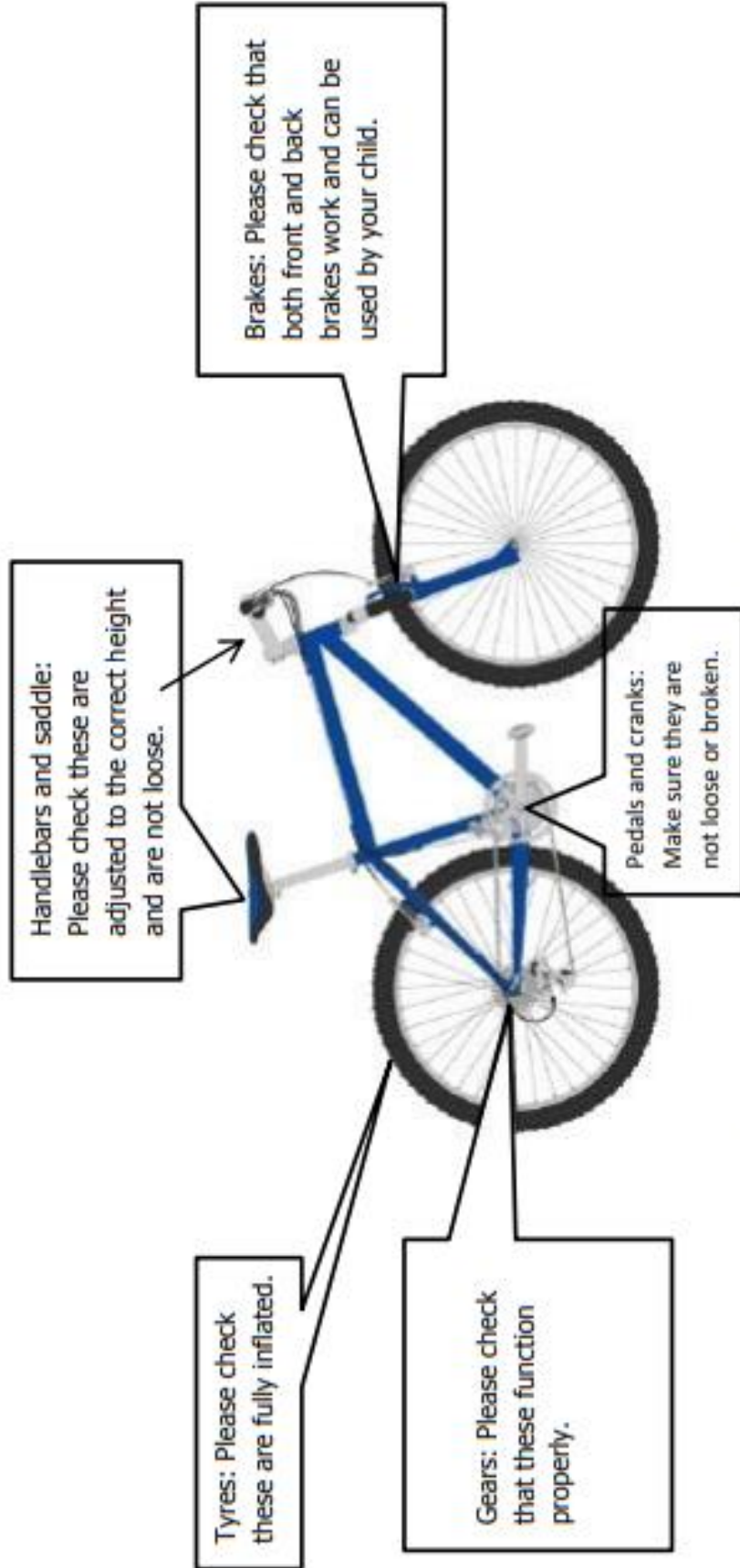
- A signed consent form – please use the form attached.
- A helmet
- A bike which is road-worthy. Please follow the simple guide below to check whether your child's bike is suitable.
- Appropriate clothing. It is important, especially during the cooler months, that children wear gloves and warm, dry clothing as they will be outside for 2 hours.
- The ability to ride a bike unaided.

How is the Training delivered?

BikeRight!'s qualified instructors, who all hold current Enhanced Disclosure and Barring Service (DBS) certificates, will deliver training over 4 days in small groups, each lasting 2 hours. Children will not automatically take part in every session.

Where will the course take place?

The course will take place in the school playground and on local roads near to the school. We will carry out a risk assessment of the training areas before the start of the course. A copy of the risk assessment will be available at the school.



Handlebars and saddle:
Please check these are
adjusted to the correct height
and are not loose.

Tyres: Please check
these are fully inflated.

Gears: Please check
that these function
properly.

Brakes: Please check that
both front and back
brakes work and can be
used by your child.

Pedals and cranks:
Make sure they are
not loose or broken.

Please note that children cannot take part if their bikes are considered unsafe.

BikeRight! Bikeability Consent Form
Please complete and return to school by the above date

I give permission for my child to take part in a Bikeability cycling course. I understand that most of the training will take place on public roads, under supervision. I agree that my child can take part without any liability on the part of BikeRight! in respect of any injury or any loss or damage to property that is not caused by an instructors negligence.

BikeRight! is not responsible for your child's journey to and from school with their bike.

Child's name			
School		Age	
Gender (Male/Female)		Year Group	
Relevant Medical Information			
Your name			
Emergency contact number			
Signed		Parent/Guardian (circle)	
Date			

Photographs and/or video may be taken during the course to document events and activities, and for promotional purposes. If you do not wish your child to be included in photos or video please tick here

You may be contacted following your training session to help evaluate the project or provide updates about cycle training and other similar information. If you'd rather not be contacted, please tick here

If you have any queries or are interested in finding out more about BikeRight!, Bikeability, or the National Standard, please visit our website – www.bikeright.co.uk

Privacy and data security:

At BikeRight! we're committed to protecting and respecting your privacy. Our privacy policy explains when and why we collect personal information, how we use it, the conditions under which we may disclose it to others and how we keep it secure. Read our Privacy policy here : [www.bikeright.co.uk/for more/about us/privacy/](http://www.bikeright.co.uk/for_more/about_us/privacy/)

Updated 5/5/18 GDPR